

Mid-term assessment protocol
Minutes of the meeting of the mid-term assessment Committee

The mid-term assessment was carried out on the basis of:

- doctoral student's report,
- opinion of the supervisor / supervisors / assistant supervisor,
- an oral or multimedia presentation by a doctoral student,
- discussions with the doctoral student.

The implementation of the doctoral student's individual research plan was assessed remotely via the "Zoom.us" platform. The course of the public part of the mid-term assessment Committee meeting was recorded on video.

Assessed PhD student

professional title, name and surname of the doctoral student	M. Sc Agnieszka Mechlińska
supervisor/supervisors	Dr hab. Mariusz Stanisław Wigłusz
assistant supervisor	Dr Jakub Słupski
scientific discipline	Health Sciences
the title of the doctoral dissertation project	Dietary patterns assessment in treatment-resistant mood disorders

Mid-term assessment Committee comments:

The committee, consisting of Prof. Małgorzata Szczuko (external reviewer), Prof. Mariusz Siemiński (internal reviewer) and Dr hab. Magdalena Wszedybył-Winklewska (chairman) reviewed the submitted documentation including the report on the implementation of the individual research plan and the statements provided by the PhD supervisor Dr hab. Mariusz Stanisław Wigłusz and assistant supervisor Dr Jakub Słupski.

During the meeting, the committee attended a multimedia presentation by the doctoral student. The doctoral student answered all questions asked during the discussion.

Regarding the comments that appeared in the closed part of the meeting, at first, the seemingly too small group of patients could raise concerns, but ketamine is not used very often and it is hard to find so many patients including and excluding established criteria (the reason for small groups of patients was explained by the assistant supervisor during the discussion). Looking also at other clinical studies, it seems that a group of 25 patients may be representative. Of course, the doctoral student still has two years to go, so there is hope for doubling the number of patients and from this data we can already draw quite significant conclusions.

It would also be good if the group of women and men studied was similar in size to get additional data.

The doctoral student's involvement in the research work is satisfactory. The committee adopted a positive mid-term evaluation of the PhD student's progress in preparing her dissertation.

Mid-term assessment result of doctoral student Agnieszka Mechlińska: positive / negative *

Name and surname of the doctoral student

* check appropriate

Detailed justification by the mid-term assessment Committee regarding the result of the mid-term evaluation:

Doctoral student has carried out, coordinated and successfully completed all tasks outlined in the individual research plan for academic year 2022-2024.

All the time she continues of the database creation process with including the patients, using the Food Frequency Questionnaire (FFQ-6), 4-day food diaries twice and using also the simplified nutritional questionnaire (SNAQ). She enters data received about patients into Excel, Word and Dietico.

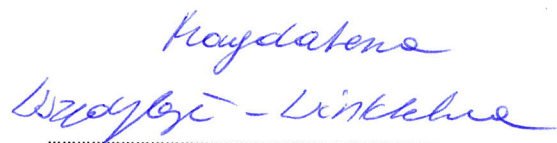
In the mentioned period Agnieszka Mechlińska became the thematic author of three publications, where she is the first author in two works.

All members of the committee unanimously stated that the doctoral student meets the requirements of the doctoral program of the first doctoral school of the Medical University of Gdańsk in the implementation of an individual research plan for mid-term evaluation in the academic year 2022/2024.

The mid-term assessment Committee composed of:

- 1) dr hab. n. med. Magdalena Wszędybył-Winklewska – Chairperson of the mid-term assessment Committee
- 2) prof. dr hab. Małgorzata Szczuko
- 3) prof. dr hab. Mariusz Siemiński

The mid-term assessment was carried out on 23 of September 2024.



Signature of the chairperson
of the mid-term assessment Committee